



MSK / MACOS UTILITY

Mac Screen Audio Recorder

An easy way to capture your Mac screen and system audio.

Ver.1.0.2

macOS 14.2+

Universal 2

MOV / H.264 + AAC

Screen and system audio in one MOV.

Mac Screen Audio Recorder is a simple native macOS app for recording the Mac display together with the system audio currently playing on the Mac.

DAW capture

Capture Cubase and other DAWs, plug-ins, mixers and synth windows together with the audio produced by the Mac.

Mac apps & macOS

Record browsers, media playback, everyday Mac apps and macOS workflows together with system audio.

No virtual audio driver

No dependency on Background Music, BlackHole or other virtual audio drivers. Audio-interface loopback is not required.

No OBS required

When the goal is simply screen + system-audio recording, you can press REC without building OBS scenes and audio inputs.

Audio in Ver.1.0.2: records Mac system audio. External microphone recording is not included.

OS	macOS 14.2 or later
CPU	Apple Silicon / Intel - Universal 2
Output	MOV
Video	H.264 / up to 30 fps / up to 3840 × 2160
Audio	AAC / 48 kHz / Stereo / 256 kbps

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Permissions, audio, windows, stopping and saving

The basic workflow is four actions.

Choose a capture target → configure it if needed → check the destination → REC.

Your first recording

On first use, macOS permission for Screen & System Audio Recording is required. After granting permission, quit and relaunch the app once.

01 Launch the app

If a permission message appears, allow Mac Screen Audio Recorder in System Settings.

02 Choose a capture target

Select Full Screen, Window, or Region.

03 Set the window or region

For Window or Region mode, configure the target before recording.

04 Check the save destination

The default is the Desktop. Use Change Destination to select another folder.

05 Press ● REC

The main window hides after recording starts so it does not appear in the capture.

06 Press ■ Stop Recording

Reopen the app from the Dock or click the red STOP control in the menu bar.

If the main window disappears after REC, that is normal. The app is still running. Click its Dock icon to bring the window back.

Main window



Capture target

Switch between Full Screen, Window and Region before recording.

Target setup

Choose the target window or configure the custom region in advance.

● REC / ■ Stop Recording

The button changes from REC to Stop Recording while a capture is active.

Save destination

Select the folder used for recordings. The setting is retained across launches.

Three capture targets

FULL SCREEN

Full Screen

Captures the entire main display. No target setup is needed.

WINDOW

Window

Select the target before recording. Independent Cubase mixer, synth and plug-in windows can be candidates as well as the main window.

REGION

Region

Capture only a selected area. The confirmed position and size are kept after the app is relaunched.

Window mode notes

- The app does not ask you to choose a window after REC.
- Use “Select Recording Window...” before recording.
- You can reselect the target any number of times before REC.
- The region-selection UI is designed not to arbitrarily reorder Cubase's internal windows.



Adjusting a capture region

The first drag does not finalize the selection. Keep adjusting the frame until you press Confirm.



Drag inside

Move the complete region.

Drag an edge

Resize in one direction.

Drag a corner

Resize width and height together.

Drag outside

Create a new region.

Only the region accepted with Confirm is saved. Reopen Region Setup later and the saved frame can be moved or resized again.

Starting and stopping

APP WINDOW

From the main app

While idle, the button shows ● REC. While recording, it shows ■ Stop Recording. Click the Dock icon during recording to reopen the window and stop from there.

MENU BAR

From the menu bar

While idle, click REC to start. During recording it changes to a red STOP control that can be clicked directly to finish.

Right-click menu

- Start Recording
- Stop Recording
- Current Capture Target
- Open App
- About This App
- Quit App

The macOS sharing stop is also a normal stop. If you stop from macOS's screen-sharing / screen-recording indicator, the app treats it as a deliberate user stop and finalizes the MOV.

Do not force-quit immediately after stopping.

The app closes the video/audio inputs and waits for final MOV writing before it reports the file as saved.

Recording Cubase and other DAWs

Capture the DAW picture and the system audio produced by the Mac without adding a virtual audio driver to the recording route.

01 Prepare the Cubase view

Open the project, MixConsole, synth or plug-in window you want to demonstrate.

02 Choose the capture target

Use Full Screen for the whole workflow, Window for a specific window, or Region for a focused area.

03 Press REC in Mac Screen Audio Recorder

When the recorder window hides, return to Cubase and play or operate it normally.

04 Stop from red STOP or the main app

Wait for MOV finalization to complete.

No extra capture routing is required. The app does not depend on Background Music, BlackHole, OBS, or audio-interface loopback as part of its recording path.

Saving and finalizing MOV files

Default destination	Desktop
Change destination	Select any folder. The choice is retained.
Filename	Screen Recording YYYY-MM-DD HH.MM.SS.mov (the app uses its localized filename format)
Last recording	After a successful save, the file can be revealed in Finder.

What happens when you stop

01 Stop ScreenCaptureKit capture

The active capture stream is stopped.

02 Process remaining samples

Video and audio already received are allowed to finish processing.

03 Finish video/audio inputs

The AVAssetWriter inputs are marked finished.

04 Finish writing the MOV

The app waits for finishWriting to complete.

05 Validate the output file

The file must exist and have a valid size before the save is treated as complete.

Quitting follows the same rule. If you quit while recording, the order is: stop recording → finalize the MOV → quit the app.

Troubleshooting

The screen or system audio is not captured

Open System Settings → Privacy & Security → Screen & System Audio Recording and allow Mac Screen Audio Recorder. Then quit and relaunch the app once.

The main window disappears after recording starts

This is expected. The recorder hides itself to avoid appearing in the video. Click the app's Dock icon to reopen it, or use the red STOP control in the menu bar.

The window I want is not listed

Open the target window first, then run Select Recording Window... again. Independent Cubase windows can appear as candidates.

I want to change the saved region

Open Region Setup again. Move or resize the saved frame, or drag outside it to make a new selection.

I clicked the macOS sharing stop control

That is handled as a normal stop. Wait for the app to finish finalizing the MOV.

I want to quit while recording

Use the normal Quit command. The app stops the recording, finalizes the MOV and then quits. Avoid force-quitting.

No microphone audio: Ver.1.0.2 records Mac system audio and does not include external microphone recording.

Specifications, permission and copyright

Product	Mac Screen Audio Recorder
Version	Ver.1.0.2
Bundle ID	app.local.MacScreenAudioRecorder
Capture technologies	macOS ScreenCaptureKit / AVFoundation / AVAssetWriter
External virtual driver	Not required
Copyright	© 2026 msk

This manual applies to Mac Screen Audio Recorder Ver.1.0.2. The app uses macOS Screen & System Audio Recording permission. Follow the terms and rights that apply to any app or content you record.



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